

# Therapy protocols during COVID-19

## Client Recommendations

- Please do not come for therapy if you are feeling ill in any way
- Arrive for your session as fresh and clean as possible
- Please remove shoes before entering and wash hands on arrival
- If someone has accompanied you, please ask them to wait outside or return at the appropriate time. Come alone if possible
- Wearing a mask is not mandatory, but you may do so once comfortable

## Clinic Precautionary Measures and Sanitation Protocols

- All rugs have been removed from the therapy rooms, and the chairs have been re-upholstered with vinyl in order to facilitate thorough disinfecting of the floors and seating areas
- Therapists shall wear personal protective equipment at all times during the session
- Therapists shall practice strict hygiene protocols before and after every session (which may include changing clothes and/or bathing between sessions)
- All surfaces shall be thoroughly sanitized and disinfected after every client, including bathroom facilities, treatment rooms, equipment and implements used within the session
- Therapists shall avoid working if they are experiencing any symptoms of illness

We thank you for adhering to the regulations of practice prescribed above

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